

## Embryo Biopsy Shipping Instructions

## Kit Contents:

- Tube rack
- PCR tubes
- Specimen bags
- Buffer solution
- Insulated shipper
  - o Outer cardboard box and inner Styrofoam box
- Documents
  - Completed TRF
  - Embryo Biopsy Instructions
  - Biopsy Record
  - Shipping Instructions
- Place the tubes containing biopsies and negative controls into the provided tube rack. Make sure each PCR tube is labeled with the patients initials and embryo number on both the cap and the side of the tube. When all tubes are loaded, make sure the lid is securely placed on the rack.
- 2. Label the rack's lid with the patient's name, date of birth, and the IVF Clinic's name.
- 3. Please keep the samples frozen (-20°C or -80°C) until ready for shipment.
- 4. Place the rack into the specimen bag and seal it prior to packaging.
- 5. When packaging the shipping box for transport, please use frozen cold packs by placing them on the bottom, on the top, and on each side of the specimen bag containing the rack so that the rack is surrounded by frozen cold packs on all sides.
- 6. Place the completed Test Request Form and Embryo Biopsy Sheet in a separate specimen bag and place in the shipping box. Tape should be used to secure the lid of the Styrofoam box and cardboard shipping box.
- 7. Please notify the designated courier or FedEx that a package is ready for pickup. The arrangements for a specific specimen pick-up will be worked out beforehand.

\* When shipping kit is received by your lab, please remove the cold packs, and place them in a freezer so they remain flat and even during the refreeze process. This is important when packaging the sample box for transport back to the PGT lab. Thank you!

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## If sending samples from more than one patient:

Please arrange samples such that tubes for each case are gathered together in a set, and clearly labeled. You can write the patient's information on the lid directly over the set of tubes for that case.